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Parkfield Primary School Galley

Autumn/Winter Menu 2024

Recess 10.55am

Lunch 1.15pm

The Canteen will be open from 8:00am to 2:00pm

NOTE: All prices are subject to change

Our Menu complies with the Australian School Canteen Association 'traffic light' guidelines with more than 70% of the items classified "green" and recommended for daily consumption. Amber items have been selected carefully and their availability to students is limited.

Speak with our Manager, Sharon, or Veeta on 9796 5900 for:

VOLUNTEERING: Always happy to have extra help in the kitchen!! We love to make as much homemade food as possible so please call in and we can discuss times you might be available.

DONATIONS: Donations to keep the breakfast program running are always welcome

SPECIAL DIETARY NEEDS: For Students and Staff, please phone or drop in to discuss any special dietary needs. Gluten Free (GF) and Dairy Free (DF) options available on the QKR App

**Order online through the QKR App or Cash & Eftpos available at Canteen.
All orders must be in by 9am**

RECESS

Prices Range from 0.50 – 1.50. Cash orders only

DRINKS (available recess & lunch)

 Water	\$2.00
 250ml Fruit Juice (Apple / Apple & blackcurrant / Orange)	\$1.50
 300ml Chocolate or Strawberry Milk	\$3.00
 250ml Juice Bombs (Apple & Raspberry, Grape, Orange & Passionfruit or Watermelon)	\$3.00

****Ice-Creams (After 1.30pm)** (not available to Kindy or Pre-Primary)






 Ice-Creams and Frozen Yoghurts	\$0.50 - \$1.50
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Daily Lunch Boxes

Includes Juice Box

 ½ Ham & Cheese Sandwich, Lamington, 2 Fruit or Yoghurt, Carrot & Cheese – GF/DF Available	\$6.00
 ½ Vegemite & Cheese Sandwich, Lamington, 2 Fruit or Yoghurt, Carrot & Cheese - GF/DF Available	\$6.00
 Corn Cob & Butter, Small Muffin, 2 Fruit or Yoghurt, Carrot & Cheese - GF/DF Available	\$6.50
 Mini Hot Dog, Lamington, 2 Fruit or Yoghurt, Carrot & Cheese - GF/DF Available	\$6.50

WRAPS

 Sweet Chilli Chicken – Salad, Cheese & Mayo	\$6.50
 Ham & Salad	\$6.00
 Chicken & Salad	\$6.00
 Egg & Salad	\$6.00
 Tuna & Salad	\$6.00








All Salad includes – Tomato, Carrot & Lettuce

HOT FOOD GF/DF AVAILABLE




Hot Chicken Roll – Only DF available	\$6.50
Lasagne and Mac & Cheese	\$6.50

FRESH OR TOASTED SANDWICHES & ROLLS

GF or DF Available

	S/Which	Toasted	Roll
 Cheese	\$4.50	\$4.50	\$5.00
 Cheese & Salad	\$5.50	N/A	\$6.00
 Curried Egg	\$5.50	N/A	\$6.00
 Ham & Cheese	\$5.50	\$5.50	\$6.00
 Ham & Salad	\$5.50	N/A	\$6.00
 Chicken, Cheese & Mayo	\$5.50	\$5.50	\$6.00
 Chicken & Salad	\$5.50	N/A	\$6.00
 Tuna & Cheese	\$5.50	\$5.50	\$6.00
 Tuna & Salad	\$5.50	N/A	\$6.00
 Baked Bean – Toasted Only - GF/DF Available		\$5.00	
 Spaghetti - Toasted Only - DF Available		\$5.00	

SALADS

 Pumpkin & Feta Salad – GF Available	\$6.50
 Caesar Salad – GF Available	\$6.50
 Greek Salad with Lettuce	

Add Chicken \$1.00

BURGERS

Gluten Free & Dairy Free Patties Differ

 Cheeseburger – Angel Bay Lite Pattie, Cheese & Tom Sauce	\$6.50
 Burger & Salad - Angel Bay Lite Pattie, Basic Salad & Tom Sauce	\$6.50
 Aussie Burger - Angel Bay Lite Pattie or Chicken Pattie, Beetroot, Aioli, Red Onion, Tomato, Cucumber, Spinach, Lettuce, Cheese & BBQ Sauce	\$7.00
 Chicken Cheeseburger – Chicken Pattie, Cheese & Mayo	\$6.50
 Chicken Burger & Salad – Chick Pattie, Basic Salad & Mayo	\$6.50
 Hash Brown & Salad – H/Brown, Basic Salad & Tom Sauce	\$6.50

ADD YOUR FAVOURITES:

Tomato, Carrot, Lettuce, Cucumber, Mayo, Aioli, Beetroot, BBQ Sauce, Tom Sauce, Egg & Cheese	\$0.50
Avocado	\$1.00

TUESDAY SPECIAL

Homemade Rice Paper Rolls x 3 – Limited Availability - GF/DF

Vermicelli Rice Noodles

Teriyaki Chicken, Shredded Lettuce, Carrot and Cucumber \$6.00

Add Sweet Chilli Sauce \$0.60

All served with Soy Sauce

Gourmet Jaffles - GF/DF \$7.00

Chicken Parmi – Chicken, Pizza Sauce, Cheese & Ham

Hawaiian – Ham, Cheese, Pizza Sauce & Pineapple

Vego – Cheese, Spinach, Red Onion & Sun-dried Tomatoes

WEDNESDAY SPECIAL

Croissants – GF/DF AVAILABLE

Cheese \$6.00

Cheese & Tomato \$6.50

Ham & Cheese \$6.50

Bacon, Spinach & Tomato with Aioli \$7.00

Hot Dog \$5.50 GF/DF Available

Sausage Rolls \$5.50 GF or DF Available

THURSDAY SPECIAL

Yumbo \$6.50

Brunch Wrap \$7.00

Egg, Bacon, Hash Brown, Cheese & Sauce

Chicken, Cheese, Bacon, Spinach & Mayo, or Aioli

Toasted Turkish \$7.00

Chicken, Pesto, Cheese, Red Onion, Spinach & Aioli

FRIDAY SPECIAL

Hot Dog \$5.50 GF/DF Available

Party Pies \$1.50EACH GF/DF Available

Sausage Roll \$5.50 GF or DF Available

Birthday Specials – GF & DF Available

Decorated Cupcakes \$2.50 each or Icy Pole Birthday Bucket \$0.60 each

MUST HAVE 48HRS NOTICE PRIOR TO ORDERS BEING MADE – CONTACT

CANTEEN