

Parkfield Press

"An Independent Public School"

Growth Through Knowledge - 智識 の 成長

21 February 2023

#2 Term 1



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Dear Students, Teachers and Parents,

The first three weeks of the term have flown by and we are very pleased with how our students have settled into their new classes and routines. Students can be seen showing our focus virtue of Respect in the way they act and speak. Special congratulations to our leaders of the school, our Year Sixes, who have made such a wonderful start to their final year of primary school.

Swimming lessons have begun with beautiful weather. A reminder to Year 5 and 6 parents that students cannot participate in the Parkfield Swimming Carnival unless they have been to swimming lessons. Leschenault is a water paradise, and it is critical that students learn to be safe in their surroundings. Again, congratulations to the students as they display perseverance, commitment, and courage with their swimming lessons.

NAPLAN News

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3 and 5 at Parkfield will participate in the annual NAPLAN tests of Reading, Writing, Conventions of Language (spelling, grammar and punctuation) and Numeracy in week 7 and 8 of this term.

It is particularly important that all students are familiar with the variety of item types used in NAPLAN Online and the type of device they will be using for the testing, which will be iPads.



The ACARA NAPLAN Online public demonstration site (<https://www.nap.edu.au/onlineassessment/public-demonstration-site>) is available for this purpose and allows staff, students and parents/carers to view and interact with test items.

If you have any queries regarding NAPLAN, please contact Mrs Harper or Mrs Brooks in the office.

Parkfield App

A reminder to families that the school has its own App. To download, search for "Parkfield Primary School" in the App/Play Store. You can keep in touch with what is going on at school with our App, Classroom Seesaw, the fortnightly newsletter and our Parkfield website.

The App is especially helpful if you are a shift or FIFO worker and want to be able to keep in touch with what is happening at school.



Shire of Harvey Literacy Festival

'Imagine the Possibilities'

The Shire of Harvey Libraries will launch their first ever Literacy Festival on Thursday 9th of March 2023. The



Australind Library is calling all book lovers and inviting them to the two day event with a mix of free community events for all ages, including creative writing workshops, author talks and special family-friendly activities for children.

Our Year Fours are fortunate enough to be invited to attend two author talks and will be attending the Australind Library to enjoy these. It will be a wonderful opportunity to listen to and learn from authors of books that we have in our library.

For further information, please check out the Shire of Harvey website.



School Contributions

We would like to take this opportunity to encourage those families who still have contributions outstanding, to consider payment *as soon as possible*.

Families who may experience difficulty with payment of contributions and charges, and are in receipt of any Centrelink payments, can arrange to complete a Centrepay Application, which is a free direct bill paying service. This form is available from the office. All \$60 per child contributions are used to purchase much needed resources for our children.

P&C AGM

This is coming up on the 14th of March 2023. I had the pleasure of attending the P&C meeting last Tuesday, seeing many familiar and new faces. We are very fortunate at Parkfield to have such a supportive P&C and our students have benefitted greatly from their support. If you would like to see an example of the work done by our P&C please check out our wonderful undercover area with its new flooring and new stage curtains. Thank you.



Mrs Rachael Harper
Principal

PRIDE - 誇り

RESPECT - 敬意

INITIATIVE - 自発

Sports Update

This term, students in **Years 5 and 6** will be participating in the **House Swimming Carnival**. In preparation for the carnival, the students wishing to enter the 50m championship events will be required to participate in trials. Swim trials for the 50m championship events will be taking place this week during swimming lessons. All other students will compete in 25m events and various novelty relays. Students will be given all the relevant information during their sport sessions and permission notes will go home closer to the event.

Dates to Remember

- House Swimming Trials – Week 4 (During swimming lessons)
- House Swimming Carnival – Week 8, Friday 24th March

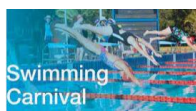
The Swimming Carnival will be held at the Harvey Town Pool. We hope to see a good crowd at the Carnival, as it really adds to the atmosphere and certainly motivates and encourages the students. Entry is free for spectators and shaded areas are available.

PARENT HELPERS NEEDED

As with all Carnivals, parent help is vital to assist with the smooth running, or should I say swimming, of the event. We need a chief judge, four place judges, a place recorder, ribbons presenter and lifeguard. If you can help out with the Swimming Carnival, please contact the school office and leave your name and contact number or catch up with me at school. Help will be greatly appreciated and certainly needed.

Thank you.

Trevor Sleight - PE Teacher



KS KIDSPORT

Connect children with community sport with **up to \$150** from KidSport.

Did you know children aged between 5 and 18 years who are named on a valid Health Care Card or Pensioner Concession Card may be eligible to receive up to \$150 per calendar year towards club fees for approved KidSport Clubs?

The KidSport online application process is quick and easy, allowing more children the opportunity to experience the physical, social and emotional benefits of joining a club and participating in community sport.

KidSport is delivered by the Department of Local Government Sport and Cultural Industries in partnership with Local Governments throughout Western Australia and is supported by Lotterywest.

Visit www.dlgsc.wa.gov.au/kidsport or call on 08 9492 9911 for more information.

LOST PROPERTY

A child's Minecraft wallet has been handed into the office. If your child has misplaced theirs, please call in and describe it to claim. Thank you.

News from the Science Room With teacher Molly Woods

I am excited to be the Science teacher for Term One of 2023. I am local to the Southwest and I love the beach and travelling. I like to make learning accessible for all students and encourage the use of Virtues. Some students may recognise me, as I did some relief teaching at Parkfield in Term Four of 2022.



The Learning Experience

I am looking forward to meeting the young Scientists of 2023. I will teach each class for one hour a week. I hope to communicate our learning through Seesaw.

Yr	Topic	Goal
1	Light and sound	Draw how light and sound travel.
2	Forces (push and pull)	Explain how things move.
3	States of matter	Explain how objects change states of matter.
4	Forces	Draw labelled diagrams of contact and non-contact forces.
5	Light	Draw light being reflected, refracted and absorbed.
6	Electricity	Make working electrical circuits and know how we get electricity.

Chaplain's Chat

Hello there everyone,

How has your fortnight been? All settled in happily, I hope. Please let someone know if not, we can't help if we don't know. Remember, I'm here Tuesday, Wednesday, Thursday, and Friday mornings (until recess). You can call the school on 9796 5900 and leave a message for me, or SeeSaw a message through your child's teacher, and I will get back to you as soon as I can.

I must say how wonderful it is to start off the year with the focus being on our whole school approaches, 'The Parkfield Way – Choose Respect: show Kindness every day!', the Virtues Project and the Zones of Regulation. What great and useful foundations and building blocks for acceptance, engagement, learning and resilience – with each one of us knowing the expectations and supports for us to have success here if we choose to.

A big thank you to all the new parents I have met and to our 'experienced' parents who have caught up with me. I am looking forward to meeting many more of you.

Have a fantastic fortnight everyone.

Until next time,

Jo 😊 (Campbell)





BUILD A CLOSER BOND, AND HELP CHILDREN REACH THEIR POTENTIAL

You want to support your baby and child's development, grow closer and solve problems – positively. Now you can do the parenting program developed here in Australia, and used around the world. It's backed by research, proven by parents. And it's free!

- Create a positive foundation, right from the start.
- Boost children's emotional wellbeing and maintain a good relationship – now, and in the years to come.
- Make family life less stressful and more enjoyable – even in tough times.
- Practical, simple strategies you can start using straight away – backed by 35+ years of research studies.
- Set good habits early and nip problems in the bud – you tailor the program to suit your child.
- Raise happier, more capable kids who can meet life's challenges.
- Join a million+ parents/carers in Australia who've been helped by the Triple P – Positive Parenting Program®

Free support for your positive parenting journey

Now, you can do Triple P programs online, at no cost. Choose what works for you, to help you manage the transition to parenthood, give your kids key life skills and help the whole family stay calm and positive. Partners and other family members can also do Triple P, so everyone's on the same page and there's less conflict.

- Interactive, easy-to-use online programs with videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace!

The Triple P – Positive Parenting Program® system includes the following online programs:

TRIPLE P ONLINE FOR BABY
for parents/carers to be or with a baby under 12 months old

TRIPLE P ONLINE
for parents/carers of children under 12

FEAR-LESS TRIPLE P ONLINE
for parents/carers of children (6+) who are often anxious

Start your free program today. [triplep-parenting .net.au](http://triplep-parenting.net.au)

UNIFORM SHOP HOURS

Open Mondays
8.15am – 8.45am
Wednesday
2.45pm – 3.15pm



EFTPOS is available with minimum limit of \$10.00. There is no PayPass. Sarah can be contacted on 0400 716 544.

Procedure for Late Students Kindy to Year 6

If your child arrives at school after the 8.45am siren, please call into the office with your child prior to them going to their classroom. A Late Pass will then be issued to your child who then presents this to their class teacher on their arrival to class. If your child arrives at school unaccompanied by an adult, they are still required to come to the office to obtain a Late Pass.



Using the App for late arrivals - Students are still required to come to the office for a Late Pass even if parents have notified the school via the school App.

Thank you.

HARVEY BRUNSWICK LESCHENAUT JUNIOR FOOTBALL COUNCIL 2023 ONLINE REGISTRATIONS ARE OPEN!

Registration fee for the season is \$170.



****Register before the 12th of March**

to receive the Early bird discount and only pay \$150!*

New players are welcome!

Auskickers transitioning to year 3 and anyone who has never played before will need to register as a new participant.

HBL Auskick Registrations Now Open

HBL Girls Auskick – Thursday 9th March 2023, 4:00pm – 5:00pm at Leschenault Oval 6. 12 week season.

HBL Auskick – Friday 10th March 2023, 4:00pm – 5:00pm at Leschenault Oval 6. 12 week season

To register for Auskick please visit:

<https://www.playhq.com/af/register/588578>

Find us on Facebook: HBLJFC Auskick – Australind

Any questions email: australindauskick@gmail.com

SOCCKER REGISTRATIONS

Australind Junior Soccer Club



Scan to register

Register Online

www.ajsc.org.au

All New and Past Players Welcome

Email : registrar@ajsc.org.au for queries

Or visit www.ajsc.org.au



Age Groups 6 through 17
Mixed and Girls Only competitions
See website for details



Have a child interested in Netball?

Registrations for the 2023 season at Eaton are now open! Please visit the Eaton Netball Association Facebook page for more info and registration links or email registrar.ena@gmail.com for any further questions

Labelling of Property

Please ensure all school belongings are clearly labelled. This assists greatly with returning misplaced items to their rightful owner. Thank you for your assistance.

Year 3/4 Players needed for MLC netball teams

Mercy Leschenault Collie Netball

Looking for Year 3/4s to complete our teams playing at LNA on Saturday mornings at the LLC 🤗 Season commences Saturday 29th April.

No prior experience needed & a fantastic way to make new friends for both girls & boys.

You can register online or email Trish directly to avoid paying the \$5 late registration fee.

If you know of anyone who is interested in playing please get them to contact: Trish Scaffidi on 0419992905 or email: mlcnetball2017@gmail.com





*Waratah
Fundraiser
Dance*

**25th February 23
7pm - Midnight**

**Please join us for a night of bubbles,
grazing and dancing to support Waratah.
Settlers Hall, Marine Drive, Leschenault
Tickets \$50 from Eventbrite.com
Sparkling wine, soft drink and grazing
table included, BYO other drinks.
DJ Tracey from Kryptonite Entertainment.**

On the Community Noticeboard
Relationships Australia – Numerous courses and workshops are on offer. For information, please call 6164 0566 or visit www.relationshipswa.org.au
Online course subjects such as, Emotion Coaching Your Child, Parenting Your Angry Teen, Stronger Stepfamilies – An Introduction, Successful Single Parenting, Mums Raising Teen Girls, Fathering After Separation and Supporting Your Anxious Child. In town courses such as Bringing Up Great Kids 5 weeks, Parenting After Separation – An Introduction and Communication in Relationships.

WA Multi-Sport Day: Australind

Paralympics Australia are excited to be hosting a WA Multi-sport “Get Involved” Event on Sunday, 5th March 2023 from 11am - 2pm at Leschenault Leisure Centre, Australind.

[To secure your place, register now via our website: https://www.paralympic.org.au/mec-events/wa-multi-sport-day-australind/](https://www.paralympic.org.au/mec-events/wa-multi-sport-day-australind/)

This is a great opportunity to learn more about the sports and programs on offer in your local area, try a variety of Para-sports, meet new friends, connect with local Clubs, and have fun!

This event is suitable for ages 10+ (under 18s must be accompanied by a parent or guardian).

Entry and participation is **FREE**. Registrations are essential.

If you'd like to give any of the Para-sports a go on the day, please remember to wear comfortable clothing and appropriate footwear, and bring a water bottle.

To learn more about how these events can encourage participants and set them on a pathway to pursue their Paralympic dreams, click here: <https://www.paralympic.org.au/2022/07/youngster-on-paralympic-path-after-attending-multi-sport-day/>.

If you have any questions regarding the event, please contact Chrissie Banwell at Paralympics Australia via chrissie.banwell@paralympic.org.au or 0434 498 782.

This event is brought to you by Paralympics Australia, in partnership with the Australian Sports Commission.

Virtue For The Fortnight - Self - Discipline

SELF-DISCIPLINE means self-control. It is getting yourself to do what you really want to do, rather than being tossed around by your feelings like a leaf in the wind. You don't lose control of yourself when you feel hurt or angry but decide how you are going to talk and what you are going to do. With **SELF-DISCIPLINE**, you take charge of yourself. When you practice **SELF-DISCIPLINE**, you are controlling your own behaviour so others don't have to. **SELF-DISCIPLINE** brings you freedom. You get things done efficiently and have order in your life. Without **SELF-DISCIPLINE**, we procrastinate. We eat things we shouldn't. We lose control of our emotions. Then people feel hurt. With **SELF-DISCIPLINE**, life is more peaceful. Observe your feelings and thoughts, then decide how you are going to behave. If you feel angry, instead of yelling or hitting, you can acknowledge your anger, then use a calm voice to tell someone you are angry and why. It is your choice.

What would Self - Discipline look like if...

- You have put off doing a big job for some time?
- You are really angry when your brother starts wrestling with you?
- You keep getting punished for breaking a rule?
- Your family has a rule of two lollies after school but no one is watching?
- You notice you are watching too much TV and feeling lazy?

Signs of Success are when you...

- Speak and act calmly when you are hurt or angry
- Get things done in an orderly, efficient way
- Create routines for yourself
- Do what is expected without people having to watch over you
- Do things on time

Affirmation: I have self-discipline. I use my time well and get things done.
I choose my actions with detachment.