Parkfield Press

"An Independent Public School"

Growth Through Knowledge - 智識 の 成長

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2 November 2021 #2 Term 4

Dear Students, Teachers and Parents,

After two very successful school House Athletic Carnivals in the last fortnight, I would like to thank all the staff, students, parents and community members for their participation on these wonderful days.

We would like to sincerely thank Mr Trevor Sleight and Mrs Debbi Dyer for their comprehensive organisation of the events. The wettest Autumn in WA history has thrown up a number of challenges in completing the associated events and I thank them and the students for their perseverance.

On both days our Parkfield students showed outstanding sportsmanship and thoroughly enjoyed themselves.

Thank you to our amazing hardworking staff, parents and P&C members who kept the two days ticking over so efficiently. We have a very dedicated P&C and with great support from our volunteer community members and parents, things ran very smoothly. Thank you everyone!

Senior House Carnival Awards and Whole School Awards Assembly

This Friday is our whole school awards presentation assembly and we will be also presenting the Champion Boy and Champion Girl medal winners from Friday's Carnival.

2022 Student Council and House Captain Elections

Over the next fortnight our students will be electing new Student Councillors and House Captains for 2022. We are very proud of all of our nominees and we would like to acknowledge the leadership they have already shown to be eligible to apply. Well done Junior Buddy Badge students in Year Five.

Parkfield Tamariki Māori

A new initiative developed by one of our staff Mr Kaelimjohn Trevelyan, and two amazing parents, Sorren and Caleb Harmer is our Kapa Haka group for all our Māori and Pasifika students from Year 1 to Year 6. This occurs once a week and gives our Māori and Pasifika students an opportunity to connect with their culture and also strengthen bonds through improving self-esteem and confidence. Caleb and Sorren are also tutors at ASHS for their Roopu Taatai Heke, which our students will move on to.
A huge thank you to Kaelimjohn, Sorren and Caleb.

Class Placements for 2022

It is that time of the year where we seek information from parents to assist us in placing students in classes for 2022. The information that we are requiring is to assist us in making the best placements for all students. Issues such as student conflicts, parental conflicts in the community, extended family issues, twins, cousins etc. are all relevant.

Please note:

1. This is an opportunity for Parkfield parents to communicate with us appropriate requests and with it comes a responsibility.
Please **do not** come and see us at the beginning of 2022 to question placements. You must take the opportunity to write to us now.

2. Teaching placements are subject to change for next year. Therefore, naming individual teachers will not be acknowledged as this makes the complex task of placements unmanageable and will result in requests being disregarded.

3. Due to the confidential nature of the written requests, we will not be sharing the information. Therefore, a level of trust in our professional judgement is required.

4. Previous arrangements are null and void and **parents must reapply each year** as circumstances do change.

Parents are invited to submit written submissions only with respect to class placements. The submissions must be based on educational reasons, addressed to "The Principal" and marked "Confidential", or via email to Parkfield.ps.admin@education.wa.edu.au
Submissions for 2022 will close **3:00pm Monday the 15th November 2021.**

Please Help Us Plan for 2022

If your children will not be attending Parkfield next year, or you know of children who are currently not enrolled for 2022 and plan to attend, please let the school know as soon as possible.
Thank you.

Kind regards
Charlie Serravite
Principal

Sports Update

HOUSE ATHLETICS CARNIVALS RESULTS

Junior House Carnival PP-2

1st – **Naturaliste** (159.5 pts)
2nd – Marshall (134.5 pts)
3rd – Geographe (95 pts)
4th – Henton (81 pts)

Senior House Carnival Yrs 3-6

With a jam packed program of events, we managed to just get all the events completed on the day. Unfortunately, we did not have time for presentations. We will announce the winning House and the Champions at the assembly this Friday.

Congratulations and well done to all competitors for the great sportsmanship and enthusiasm that you displayed on the carnival days.

A huge thank you to all family members, P&C members, our wonderful Parkfield staff, Year 5 students and Year 6 student leaders that assisted in some way to make the carnivals run so smoothly and successfully. Thank you to the crowd of spectators that came along to cheer on our students. It certainly added to the atmosphere.

In Week 5, selected students from Years 4-6 will be competing in the **Tuart Interschool Athletics Carnival**. The jumps, vortex, shot put and 800m events will be held at Bunbury Primary on **Tuesday 9th November** and the track and team games events at Tuart Forest Primary on **Friday 12th November**. All the best to our competitors involved in these events.

Spectators are most welcome to attend and support our athletes. Thank you.

Trevor Sleight – PE Teacher

Scitech Roadshow - Bunbury

Join the South West Science Council at Bunbury Primary School for the Science Wonderland Exhibition. Science Wonderland is a unique collection of exhibits that allows you to explore, experiment and discover the world of science, technology, engineering and maths. Packed with interactive exhibits, Science Wonderland will ignite curiosity in kids and adults alike with exciting puzzles, amazing challenges and awesome tech.

Please register for this free event by visiting sciencewonderland.eventbrite.com.au or for more details email info@swsciencecouncil.org.au

Saturday 20th November 2021, from 11am – 2pm

P&C Vacant Position - Uniform Shop Coordinator

Help, we need a Volunteer

Our amazing P&C is desperately in need of a volunteer Uniform Coordinator **now** to support the school in the ordering and selling of our wonderful school uniforms for 2022. If you are interested and would like to know more about the role can you please contact our P&C President Belinda Williams at parkfieldpandcpresident@gmail.com.

Book Fair Has Started

We would love to see you at the Fair

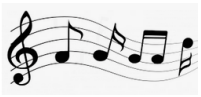
Please visit us in the School Library until Thursday 4th November 2021.**Opening hours are 8:30am – 9am, lunchtimes and afterschool until 3:30pm.**

We appreciate your support as all proceeds from the Fair benefit your children and our school Library.

Mrs Moran and the Library Team

Notes from the Music Room...

The Music Room is buzzing this term.

The Year 5 and 6 instrumental students are attending a workshop at Australind High School this Thursday, combining with Treendale Primary School, Australind Primary School and Kingston Primary School. This will be a wonderful day of making music, friendships and connections. We are so lucky to be a part of such a vibrant music community.

Notes are going home to some Year 4 parents/caregivers offering their child a place in the Instrumental Program in 2022. Interest for the 27 places in this program is very keen this year. Huge congratulations go to those Year 4s that have been offered places. Placements and instrumental choices are still being finalised, so there is more excitement to come!

All Music classes have been studying The Dance of the Sugar Plum Fairy in the lead up to Christmas. Students are learning about the composer Tchaikovsky, the story of the Nutcracker written by E.T.A. Hoffmann in 1816, and the ballet Tchaikovsky wrote of the same name in the 1890s. Most students recognise the music from various places such as movies.

Mrs Carrie Luke - Music Specialist

Chaplain's Chat

Greetings to you all…

Wow - what a full fortnight we have had. Two sports carnivals, all the jumps and a whole variety of strong, wild, wet weather to work through and around. It was impressive and encouraging to see, and hear of, the commitment, flexibility and excellence all round. Well done to all involved. There were so many examples of 'the Parkfield Way' that I don't know where to start. From the commitment and service of all organizing, to the resilience of those who tried out and didn't make it, and to those that did make it and didn't do as well as they expected, also to the humility of those who won, to those who were happy for and supportive of those who won and even beat them, just as a start! Another reminder of why it is encouraging and inspiring to be part of this 'Parkfield Community'. Yay Team Parkfield! To those still learning their 'teachable moments' (and I had a big one this fortnight…) take heart and persevere - we all have them and they are part of the journey! Come chat or visit if you'd like to share.

Until next time…

☺ Jo Campbell
Chaplain
Tuesday, Wednesday, Thursday.

P&C – Sports Carnivals

WOW! What an amazing group of athletic superstars we have at Parkfield Primary School!

Congratulations to all of the students who took part. Your speed, resilience and sportsmanship were shining examples of our Parkfield Virtues across both carnivals.

Thank you again to Spudshed, Coles and Woolworths for supporting our school by donating fresh food so that we could provide you all with breakfast, lunch, drinks and icecreams down on the oval. Thank you also to Kuza Coffee and Little Spencer Coffee Co. for supporting our spectators with caffeine. Both companies have made a donation to Parkfield, which we greatly appreciate.

A huge thank you again to Greg, our BBQ king, and his helpful sidekick Craig, for providing us with help and cooking prowess. Thanks to Teresa Weller for the kid's snack packs and lolly bags, which were a big hit and greatly appreciated. Thank you to Sharon and Veeta in the canteen for their endless energy and skill, you created a great menu, the kids and spectators were happy and it all worked so well. Well done again to our P&C team and all of the wonderful helpers who worked in the stall or in the background to make these events fun to be a part of. Lots more people also volunteered to jump in if we got busy or did longer or more shifts than they were allocated, which was so appreciated. The cake stall was another great success too, so thank you to everyone who took the time to make something for us.

It was a couple of really fun days with over $5000 raised towards our new undercover area which is coming over the Christmas Holidays!

Kim Lewis - P&C Secretary

P&C General News

Hello Parkfield families,

I'm literally blown away by all the support at the athletics carnivals. I wasn't able to attend either event and someone (might have been the BBQ king AKA Greg Campbell) said to me after the junior carnival "it's like when there is a bucket full of water with 8 hands in it and one hand comes out".... which I took to mean my sparkling personality was missed but everyone merrily carried on as always and it was huge success! I'm so impressed by every member of the committee and the volunteers who jumped in to donate or help on the day and as always, am grateful to be part of such an amazing school community. Big thanks to Joey Pippin and Kim Lewis for jumping in and taking it on and our canteen SUPERSTARS Sharon Turner and Veeta McGrath for keeping our bellies happy as always!

ONLY 2 MEETINGS LEFT FOR THE YEAR

Our last official meeting for 2021 will be on Tuesday 9th November at 7pm.

We would love to have some new faces at this meeting so you can see how the P&C runs in preparation for the 2022 AGM which is held in March 2022. If you are interested in attending, please come along. The more the merrier.

FINAL MEETING FOR 2021

We will be holding our windup event at Treendale Farm Hotel at 5.30pm on Tuesday the 14th December 2021. Keep an eye on Facebook.

Belinda Williams – P&C President

VacSwim

VacSwim offers swimming lessons for children aged 5 to 17 years during the summer school holidays. Lessons are conducted at pools and open water venues across Western Australia. Please enrol into the January VacSwim programs as soon as possible, as closing dates draw near. Enrolling in VacSwim is easy. The most convenient way is to enrol online. Check VacSwim programs and locations for availability and closing dates before making your enrolment. Concessions are available for families with eligible concession cards. You can enrol your child if they will be five years or more when they start the program. They need to also be less than 18 years on the final day of the selected program. You may be asked to provide a birth certificate as proof of age, as age restrictions apply for some higher stages. For further information, please phone 9402 6412 or visit education.wa.edu.au/vacswim.

Community Noticeboard

FREE Skin Cancer Screening

The Lions Cancer Institute Inc. in conjunction with the Australind Lions Club will be conducting free skin cancer screening at the Leschenault Leisure Centre (look for the bus in the car park). To be held on **Saturday 13th November 2021**. The program is supported by qualified volunteer practitioner's. Bookings are essential.

Please contact Robyn on 0427 914 114 to make an appointment.

Triple P – Positive Parenting Programs

Fear-Less Seminar: appropriate for parents of children and teenagers aged 6-14 years.

This two-hour seminar offers information about:

- Key anxiety management skills that parents can teach children
- An understanding of how anxiety works
- Knowledge of how to help children develop coping skills and face feared situations
- How to manage children's anxious behaviour effectively

To be held on **Wednesday 10th November 2021 at Eaton Primary School**, from 9:15am – 11:15am. Please contact Eaton PS on 9796 2600 to book your place.

Managing Children's Behaviour with Triple P

Free Positive Parenting Information Session suitable for families of children 3-8 years.

Come along to discover tips and ideas to help raise happy, confident children, encourage positive family relationships and routines, and see more of the behaviours you like and less of the ones you don't.

To be held on **Tuesday 23rd November 2021** from 9:15am to 11:15am. Venue, St Joseph's Primary School, Parade Road, Bunbury.

For bookings please ring 9795 2888. Spaces are limited, bookings are essential. Please note there is no crèche available.

Brecken Health Women's Triathlon – A non-competitive participation only event. To be held on the 14th November 2021. Please visit Bunburytriclub.com/events/bunburywomenstriathlon

Cyber Safety

Following on from our successful Parent Cyber Safety presentation by Nola Marino, Nola would like to make families aware of some upcoming free webinars available to parents and carers throughout November and December. **ESafety** is offering two live and interactive webinars for parents and carers that address the intersection of "Digital Tech and Mental Health", and "Managing Online Gaming" concerns many parents and carers experience. These webinars are designed to provide parents and carers with the knowledge, skills and tools to help their children navigate the online world safely and confidently.

Webinar 1: eSafety Parent Guide to Digital Technologies and Mental Health

Designed for parents and carers of young people aged between 10 – 18, this webinar will cover:

- what to do about accidental exposure to content about suicide, self-harm or eating disorders
- using games, apps, and social media to support mental wellbeing
- the pros and cons of digital mental health platforms, and
- strategies for young people to support friends online.

This webinar will be held:
Tuesday 9 November 4.30 to 5.30pm
Thursday 18 November 9.30 to 10.30am
The link to register is
https://register.gotowebinar.com/rt/8245460212320493072

Webinar 2: eSafety's Parent Guide to Online Gaming

Designed for parents and carers of young people aged 8–13, this webinar will cover:

- Safety's State of Play research
- the benefits of gaming and how to mitigate risks
- practical strategies to use at home and where to find help and support if things go wrong
- the games young people are using and how they are engaging with them.

This webinar will be held:
15 November 9.30 to 10.30am
24 November 4.30 to 5.30pm
The link to register is
https://register.gotowebinar.com/rt/2242579058347919 49

For further information see the online resources at https://www.esafety.gov.au/ **or** https://www.esafety.gov.au/about-us/events

Sunset Scorchers

Sunset Scorchers is a fun, introductory cricket format run by women for women. The first session will be held at the Leschenault Playing Fields #4, which is located in front of the Pavilion. The sessions will start on Friday 5th November 2021, from 5:30pm – 7:30pm
A total of five Friday nights, $5 per person for all five sessions. All equipment is provided. No previous cricket experience is necessary. So, if you would like to discover women's cricket, come alone or bring friends and join in a team on the night.
See you there.

Virtue For The Fortnight – Assertiveness

Being **ASSERTIVE** means being positive and confident. It begins by being aware that you are a worthy person with your own special gifts. When you are **ASSERTIVE** you think for yourself and ask for what you need. You have the self-confidence to tell the truth about what is just. Without **ASSERTIVENESS**, we would be passive, allowing others to bully us or lead us into trouble. We would have a hard time saying no. We would be afraid to tell if someone is hurting us. Without **ASSERTIVENESS**, we might be too aggressive, bullying, fighting or trying to control others. When we are **ASSERTIVE,** others respect us and we respect others. We stand up for what is right. When you are **ASSERTIVE**, you are your own leader. You stand up and speak out. You don't accept unfair or hurtful treatment. You set boundaries about what you will and will not do, and get help when you need it. You share your true feelings - tactfully. You express your one-of-a-kind ideas, opinions and talents. You make a difference in the world in your own special way.

What would Assertiveness look like if…

- A stranger invites you for a ride?
- A group tries to convince you to do something harmful?
- Your teacher asks the class for opinions about a story?
- You start to feel inferior around some popular kids?
- A friend asks you to go somewhere you don't really want to go?

Signs of Success are when you…

- Think for yourself
- Share your own ideas and feelings
- Tactfully tell others what you really think
- Ask for what you want and need
- Expect respect at all times

Affirmation: I am assertive. I think for myself and do what I feel is right. I am my own leader. I expect respect at all times. I freely express my own ideas.