Parkfield Press

"An Independent Public School"
Growth Through Knowledge - 智識 の 成長

26 February 2019 #2 Term 1

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Dear Students, Teachers and Parents,
We have had a very pleasing and promising start to 2019. The first month has flown by and students and staff are keenly working on the teaching and learning programs. If parents have any issues, please feel free to contact the classroom teachers directly to make an appointment for a meeting as soon as possible.

This term we have heavily invested in time and effort to get a number of very worthwhile community events going. Our ***Fathering Project*** is a unique opportunity for our Dads to get together in a non-threatening environment and listen to some outstanding speakers. This will hopefully lead to opportunities to have fun with your kids and become part of a strong and supportive network of committed Dads connected to our school. We have had a very poor response so far and really need our Parkfield Dads to step up and show their interest in their school community.

The Smith Family
In 2019, Parkfield Primary School joined the *Learning for Life Program* sponsored by The Smith Family. This is coup for our school and means that we are able to offer support to needy families for the duration of a child's school life, primary, secondary and tertiary.
We have a new coordinator for Parkfield and I would warmly like to introduce George Andrews. George will be at Parkfield every Thursday working out of the Chaplain's office.
Selected parents need to meet the criteria to be eligible for a Smith Family scholarship.

Parkfield P&C Car Boot Sale
This event is not only a fundraiser for the P&C, but also an event to get the whole Leschenault community together in a fun way on a Sunday morning. We have very limited activities in Leschenault due to the lack of resources and space, so supporting this venture as a seller, buyer, helper or even onlooker would be greatly appreciated. Please see further details in the newsletter.

Parkfield App
A reminder to families that the school has its own App. To download, search for **"Parkfield Primary School"** in the App/Play Store.

Swimming Lessons
In-school swimming sessions are an integral and compulsory part of the school curriculum. It is therefore essential that **all** students attend all lessons. Exceptions are students with medical conditions. These lessons have been sanctioned by a number of parent surveys which have very much unanimously supported them. Please talk to your children this week about being prepared for them, they start next Tuesday 5th March 2019 for our Year 4 to Year 6 students.

Parking around the School
This is an annual issue and one that is dependent on parent responsibility and decision-making. We do have enough car spots around the school to accommodate all necessary parking. The top carpark is generally very empty as parents won't walk across from it to school. We have beautiful weather in Australind and a short walk across Chapple Drive is not only healthy, but gives you a chance to start debriefing the day.
We have had the Shire Rangers patrolling for the last couple of weeks and giving us information about parents still parking illegally.
We want to keep all our students safe and parking responsibly during drop off and pick up will greatly assist this. The school staff carpark is totally out of bounds to all parents at all times.

School Contributions
Thank you to those parents who have already paid the contributions for their children. We would like to take this opportunity to encourage those families who still have contributions outstanding, to consider payment as soon as possible. Families who may experience difficulty with payment of contributions and charges, and are in receipt of any Centrelink payment, can arrange to complete a Centrepay Application, which is a free direct bill paying service. This form is available from the office.
All the **$60** per child contributions are used to purchase much needed resources for our children.

Thank you.
Charlie Serravite
Principal

Sports Update

This term, students in Years 5 - 6 will be participating in the **House Swimming Carnival**. In preparation for the carnival, students in Years 5-6 will be able to compete in the 50m swimming trials to see if they compete in the championship events. All other students will compete in 25m events and various novelty relays. Students will be given all the relevant information during their sport sessions and notes will go home closer to the event.

DATES TO REMEMBER

- House Swimming Trials (Yrs 5 - 6) – Week 6 (During swimming lessons)
- House Swimming Carnival (Yrs 5 - 6) – Week 8, Friday 29th March 2019.

The Swimming Carnival will be held at the Harvey Town Pool. We hope to see a good crowd at the Carnival, as it really adds to the atmosphere and certainly motivates and encourages the students.

PARENT HELPERS NEEDED

As with all Carnivals, parent help is vital to assist with the smooth running of the event. **We need four place judges, a place recorder and ribbons presenter**. If you are able to help out with the Swimming Carnival, please contact the school office and leave your name and contact number or catch up with me at school. Help will be greatly appreciated and certainly needed!

Thank you.
Trevor Sleight - PE Teacher

Parkfield Primary School P&C

ECOEZI Shopping Wallets
Contains 10 re-usable bags
You will always remember your shopping bags if you purchase an ECOEZIShopping Wallet.

The wallet is:

- Compact and lightweight, small enough to fit in your glove box or handbag.
- Stores 10 re-usable bags
- Completely machine washable and quick drying
- Extremely strong and durable, each bag can hold approx. 12kg.

Available to purchase from the Front Office (cash only) or Uniform Shop Monday 8:45am-9:15am or Wednesday 2:45pm – 3:15pm.

DON'T MISS OUT!

In Term Swimming Lessons Yrs 4 - 6

Please return your enrolment form and payment as soon as possible.

Lessons commence on **Tuesday** 5th March 2019 through to Friday 15th March 2019 and will be held at Koombana Bay. The cost is $25 for the 9 days. Additional enrolment forms are available from the front office if needed. Thank you.

CAR BOOT SALE

Sunday 17th March 2019

Sellers from 8.00am
Buyers 9.00am till 12.00pm

A Community event hosted by Parkfield P&C

Breakfast sausage sizzle, Coffee Van and Face Painter also available on the day. We will be holding a stall to raise money for our P&C and welcome any donations. Thank you.

the fathering project

Please register ASAP

You are invited to hear how you and your school could benefit from forming a
Fathering Project Dads' Group

Enjoy a fantastic opportunity for dads and father-figures to meet up, chat and be encouraged.

It will be an informal yet informative event for Dads, Father Figures and school leaders. It will provide you information about the important role of Dads, what The Fathering Project is and how they can help us in starting a group at Parkfield.

It won't be someone lecturing you on what you're doing wrong or trying to get you to do something you don't want to do.

What is a Fathering Project Dads' Group: An opportunity to have fun with your kids and become part of a strong and supportive network of committed Dads connected to your school.

Date: Wednesday 13th March 2019
Time: 7.00pm – 9.00pm
Venue: Leschenault Sports Pavilion
(Drinks are available for purchase. Nibbles supplied)
RSVP: Parkfield on 9796 5900 by 1st March 2019.

NB: Please bring your 'smart phone' or 'tablet' to the presentation.

Music Notes
with Mrs Luke

We are starting to get into a rhythm in the Music Room.

During the last two weeks both Junior and Senior **Choirs** have started for the year. I have had the pleasure of being with some super singers! The Senior Choir has made a recording of the school songs with Mrs Rogers. Their voices will be heard at Parkfield for years to come!

Ukulele and D.R.U.M. have also started off with enthusiasm.

Our **Concert Band** rehearsal on Monday took a lot of concentration. We are making good progress with Power Rock, a medley of two Queen songs - We Will Rock You and Another One Bites The Dust.

The BIG exciting news is that **Percussion** has been added to our instrumental program with beginner classes in both Years 5 and 6. We welcome Mr Jayden Williamson back to our school (as a teacher this time, not a student!) on Tuesdays to teach these classes.

"***Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." — Plato***

School Banking Volunteer Needed

We are looking for a volunteer to take on the role of School Banking Coordinator. School Banking is held every Thursday morning from 8.15am to 8.45am in the Uniform Shop, Block 4. If you are interested in this role, please contact the office and leave your details. The coordinator is happy to assist in showing you the ropes.

School Banking is a great way of teaching students to save money.

Positive Parenting Programs (Triple P)

Free 2-hour Evening Parenting Sessions

Seminar One: The Power of Positive Parenting - 11th March 2019.
Seminar Two: Raising Confident Competent Children - 18th March 2019.
Seminar Three: Raising Resilient Children - 25th March 2019.
Venue: Child & Parent Centre – Carey Park
Dates: Monday's March 11/18/25th
Time: 6pm to 8pm

Come along to one or all three sessions to find out effective ways to encourage positive behaviour and development in children. These sessions offer parents positive strategies for managing children's misbehaviour.
For bookings or more information please phone 97952888 or visit www.childhealth@health.wa.gov.au

IMPORTANT INFORMATION FROM THE UNIFORM SHOP

Can't make the Uniform Shop opening hours?

- You can place an order (**with cash**) at the office. Please write your child's name, room number and items required onto an envelope and enclose the correct cash amount. Your order will be filled and given to your child when the uniform shop is open next.
- If you require uniform items to be left at the office for you to collect, please state this clearly on the envelope. **Please be aware the office does not have access to our EFTPOS, only cash payments can be made.**
- Our current School Banking Coordinator is happy to assist with uniform sales as she operates from the Uniform Shop. **However, she is not authorized to use our EFTPOS, and she does not have access to change, so please have the correct cash available for your purchase.**

Payment Options at the Uniform Shop

- We accept cash
- We do have EFTPOS **however** you must have your physical card and you must use your PIN number. If you do not have your card and your PIN number, you will not be able to complete your purchase.

We do not accept PAYPASS, why not? FEES!
The fees to use PAYPASS are higher than fees for EPTPOS. In our effort to keep uniforms as affordable as possible we have to keep our fees manageable.

We do not accept any other form of electronic payment.
Thank you for your consideration and support.
Danielle - Coordinator

Positive Parenting Programs (Triple P)

Free 2-hour Parenting Sessions
'Hassle Free Shopping'

Come along to this parent group to discuss ways to encourage positive behaviour and cooperation in children, especially during those tricky times like shopping!

Venue: Leschenault Recreation Centre
Date: Wednesday, 13th March 2019
Time: 9:30am to 11:30am

For bookings or more information please phone 97952888 or visit www.childhealth@health.wa.gov.au
Crèche is available at the centre please enrol on line at http://www.llc.com.au/creche or ring 97974000.

Small changes, big differences

Parkfield Galley

2019 Canteen Volunteer Roster Term 1

Any time you can volunteer would be greatly appreciated.

Week 5 Tues 5/03/19 – Friday 08/03/19 Room 19
Week 6 Mon 11/03/19 – Friday 15/03/19 Room 18
Week 7 Mon 18/03/19 – Friday 22/03/19 Room 17

Please contact Eryn on 0406 425 560 to book in a time slot. Thank you.

Information on the Noticeboard

Settlers Playgroup – A lovely family friendly atmosphere. For children ages 0 – 5 years accompanied by Mum, Dad, Grandparents or a trusted carer. Lots of toys, fun activities, craft, friendships. Great facilities, morning tea and more.
Sessions available: Tuesday, Thursday and Friday. Time, 9.30am – 11.30am. Settlers Hall, Marine Drive, Leschenault.
Just bring along a piece of fruit for your child. Please contact Rosalind on 97258345. Facebook Settlers Playgroup Australind.

Relationships Australia – Various Relationship Courses are available, please see the noticeboard for details. All 2½ hour workshops are $30pp per workshop. Workshops are held at the Bunbury Family Relationship Centre in Bunbury. To book or for further information, please phone 6164 0566 or email bunbury.education@relationshipswa.org.au.

Bunbury Junior Badminton – Have a go night. Wednesday 27th March 2019, time 5:30pm – 7pm. Racquets are provided. Please contact Donna on 0447 958 322 for further information.

Information on the Noticeboard

Hookin2Hockey is the introductory program for new participants giving them a fun and safe environment to develop and learn the fundamentals of hockey.
Held at the Bunbury Hockey Stadium. Contact Sarsha Wetherill on 0417 315 092. Program starts on 23rd March 2019. Time: 8:30am. For additional information visit www.bunburyhockey.org.au

Vocal Fusion Youth Choir – Children from Year 3 and up are invited to come along and join us on Tuesday nights from 6pm to 6.45pm at Eaton Baptist Church on Hamilton Road. No audition necessary…just a love of singing and performing and willingness to have fun.
For more information, please contact Musical Director Danielle Bond on 0410 800 328. Website www.vocalfusionchoir.org

Discover Dance – Early childhood dance education. A developmentally age appropriate dance curriculum for children 5 and under. Please contact via email on danceitsw@hotmail.com or Tamara Sloan on 0437 169 769.

Southwest Physie WA – Dance school and not for profit club held at the Australind Community Hall for girls from 2 years of age to ladies. A fresh approach to fitness, fun and dance.
Southwestphysie@hotmail.com

UNIFORM SHOP HOURS

Open Mondays
8.45am - 9.15am
and Wednesdays
2.45pm - 3.15pm
Room 11, Block 4

EFTPOS is now available with minimum limit of $10.00. No PayPass. Danielle can be contacted on 0408 027 709. Thank you.

Virtue For The Fortnight - Self - Discipline

SELF-DISCIPLINE means self-control. It is getting yourself to do what you really want to do, rather than being tossed around by your feelings like a leaf in the wind. You don't lose control of yourself when you feel hurt or angry, but decide how you are going to talk and what you are going to do. With **SELF-DISCIPLINE**, you take charge of yourself. When you practice **SELF-DISCIPLINE**, you are controlling your own behaviour so others don't have to. **SELF-DISCIPLINE** brings you freedom. You get things done efficiently and have order in your life. Without **SELF-DISCIPLINE**, we procrastinate. We eat things we shouldn't. We lose control of our emotions. Then people feel hurt. With **SELF-DISCIPLINE**, life is more peaceful. Observe your feelings and thoughts, then decide how you are going to behave. If you feel angry, instead of yelling or hitting, you can acknowledge your anger, then use a calm voice to tell someone you are angry and why. It is your choice.

What would SELF - DISCIPLINE look like if...

- You have put off doing a big job for some time?
- You are really angry when your brother starts wrestling with you?
- You keep getting punished for breaking a rule?
- Your family has a rule of two lollies after school but no one is watching?
- You notice you are watching too much TV and feeling lazy?

Signs of Success are when you….

- Speak and act calmly when you are hurt or angry
- Get things done in an orderly, efficient way
- Create routines for yourself
- Do what is expected without people having to watch over you
- Do things on time

Affirmation: I have self-discipline. I use my time well and get things done. I choose my actions with detachment.