Parkfield Press

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"An Independent Public School"

Growth Through Knowledge - 智識 の 成長

23 February 2021 **#2 Term 1**

Dear Students, Teachers and Parents,

We have raced through the last fortnight and students and staff are deeply invested in their curriculum. We have seen a huge amount of students showing our Parkfield Virtues and we would like to commend them.

Swimming Lessons have begun with beautiful weather. A reminder to Year 5 and 6 parents that students cannot participate in the Parkfield Swimming Carnival unless they go to Swimming Lessons. Leschenault is a water paradise and it is critical that students learn to be safe in their surroundings.

New Basketball/Netball Court resurfacing

We are thrilled with our new courts and I know they are a great improvement on our old, tired bitumen courts. We are asking for the Parkfield community to help us and make sure that this new surface lasts and is enjoyed by all.

There are to be **No bikes, scooters or skateboards** on the courts at any time and it is everyone's responsibility to make sure this happens. Thank you for your support on this matter.

New Transportable Classroom arrival Friday

The new Transportable to replace our old Demountable is arriving this Friday. This will affect traffic on Garfield Drive around 10:00am for a couple of hours. Please use Chapple Drive if possible.

Parent Supervision <u>Before</u> School

Parents who come to school with their child before 8:30am can **<u>sit</u>** with them outside their classroom and are responsible for their child. ***No playing*** **outside classrooms or in playgrounds please**. Friends need to go to the undercover area or oval.

Students who arrive at school before 8.15am must go straight to the undercover area with their bag. If the weather is fine they will be dismissed to the oval at 8.15am and must take their bag with them. We have teachers on duty in the undercover area, around the blocks and on the oval at the notated times.

Behaviour on School Grounds <u>after</u> School

As a strong school community we value the opportunity for parents, students and friends to play on the oval and playgrounds after school. It is important that all students still show the Virtue of Respect for each other and our environment. Parents, you are responsible for making sure that your children play safely and sensibly at all times. Classrooms and paved areas are out of bounds and students should not be interfering with teacher preparation time.

School Contributions

We would like to take this opportunity to encourage those families who still have contributions outstanding, to consider payment *as soon as possible*.

Families who may experience difficulty with payment of contributions and charges, and are in receipt of any Centrelink payments, can arrange to complete a Centrepay Application, which is a free direct bill paying service. This form is available from the office.

All the **$60** per child contributions are used to purchase much needed resources for our children.

P&C Treasurer required

The next P&C meeting will be the AGM on Tuesday 9th March 2021 where all committee positions are declared vacant. Please consider taking on one of these roles. The P&C is a vital part of the school community. Come along and hear what is planned for this year and show your support.

We have a terrific band of workers supporting the P&C but desperately need Parkfield parents to put their hand up to take on these Executive roles for 2021.

If you would like more information on any of these roles please contact us via email, parkfieldpandc@gmail.com or on the Parkfield P&C Facebook page

Parkfield App for FIFO and Shift Workers

A reminder to families that the school has its own App. To download, search for **"Parkfield Primary School"** in the App/Play Store. You can keep in touch with what is going on at school with our App, Classroom Seesaw, the fortnightly newsletter and our Parkfield website.

Charlie Serravite
Principal

Sports Update

This term, all students in Years 5-6 will be participating in the **House Swimming Carnival**. In preparation for the carnival, students wishing to enter the 50m championship events will be required to participate in trials. These trials will take place during swimming lessons. All other students will compete in 25m events and various novelty relays. Students will be given all the relevant information during their sport sessions and notes will go home closer to the event.

DATES TO REMEMBER

- House Swimming Trials (Yrs 5-6) – Week 5 (During swimming lessons)
- House Swimming Carnival (Yrs 5-6) – Week 7, Friday 19th March 2021.

The Swimming Carnival will be held at the Harvey Town Pool. We hope to see a good crowd at the Carnival, as it really adds to the atmosphere and certainly motivates and encourages the students. Free entry and shade for spectators.

PARENT HELPERS NEEDED

As with all Carnivals, parent help is vital to assist with the smooth running, or should I say swimming, of the event. We need a chief judge, four place judges, a place recorder, ribbons presenter and life guard. If you are able to help out with the Swimming Carnival, please contact the school office and leave your name and contact number or catch up with me at school. Help will be greatly appreciated and certainly needed.

Thank you.
Trevor Sleight – PE Teacher

Down in the Art Room.....

We're off to a busy start in Visual Arts. The Pre-Primary and Year One students are beginning their exploration of the Elements of Art, starting with lines. The Year Two and Four students have focused on our Art History unit, the Middle Ages and the Renaissance, and have been learning about castles and portraiture.

Our general theme for the year is Mythical, Magical and Marvellous. The Year Six students are working on this theme and are in the process of creating Woven Creatures.

Old T-Shirts ~ Can You Help?

The Year Five and Six students attending Art Club this term are weaving mats for use in the Bush Block. These are being made from old t-shirts. If you have any old t-shirts at home that you were thinking of getting rid of, we would love to have them! If you can help us with our project, please drop the shirts off at the Art Room. Our enthusiastic little band of workers would be very grateful for your donation.

Julie Astill – Arts Teachers

News from the Music Room

It has been exciting meeting the Year 2s who are having class music lessons for the first time. Rooms 4, 5 and 6 have had two lessons now, and are showing a lot of talent. I am looking forward to sharing more with these students.

A big welcome to the Year 5s who have started lessons on flute, clarinet, trumpet, trombone, baritone and percussion. You have made a great start to the year.

It is a very exciting time for the Year 4s who have started recorder lessons. If your child does not have a recorder, please pay $8.50 to the front office. "Toy" recorders from department stores are not high enough quality to produce a good tone. Recorders are used in Years 4, 5 and 6. If your child in Year 5 or 6 has lost their recorder, please purchase a new one through the office.

Special Interest Music Groups Timetable

Monday 1.30-2.00 - **Ukulele** Years 5/6
Tuesday 8.15-8.45 - **Senior Choir** Years 5/6
Tuesday 1.30-2.00 - **Junior Choir** Year 4
Thursday 8.15-8.45 - **D.R.U.M**. Years 5/6
Friday 8.30-9.30 - **Concert Band** Year 6 IMSS students

Mrs Luke – Music Teacher

P&C Fundraising

Extreme Car Wash and Dog Wash Tokens

The P&C have teamed up once again with Titanium Wash located at Pelican Point for this ongoing fundraiser. They have kindly given us discounted rates, so everyone benefits.

Extreme Car Wash Tokens $12 each, you save $4.00 and the P&C receives $4.00. Or wash the pooch with a **K9000 Dog Wash Token $8.00 each,** you save $2.00 and the P&C receives $3.00.
Tokens can only be purchased through the Qkr! App and will be delivered to your child's class every Friday.
Thank you.

Chaplain's Chat

Greetings One and All,
Hoping and trusting you've all had a wonderful start back at school for the 2021 year.

It has been lovely catching up again with those of you I already know, and meeting many of our new Parkfield community members.

Please remember I'm here at Parkfield on Tuesdays Wednesdays and Thursdays and always happy to have a chat or help out if needed.

Until next time,
Jo Campbell
Chaplain
(Tuesday, Wednesday, Thursday)

Procedure for late students Kindy to Year 6

If your child arrives at school after the 8.45am siren, please call into the office with your child prior to them going to their classroom. A Late Pass will then be issued to your child who then presents this to their class teacher on their arrival to class. If your child arrives at school unaccompanied by an adult, they are still required to come to the office to obtain a Late Pass.

Using the App for late arrivals - Students are still required to come to the office for a Late Pass even if parents have notified the school via the school App. Thank you.

Interm Swimming Timetable

Swimming lessons for Years 4 – 6 are currently underway at Koombana Bay. Please see the timetable below for your reference should you need to collect a student from school during this time.

Room Number	Bus Pickup at PPS	Lesson Time	Bus pickup from Koombana	Approx. time back at PPS
12,13,14	8:50am	9:15am	10:15am	10:40am
17, 18	9:35am	10:00am	11:00am	11:25am
20,21,22	10:25am	10:50am	11:50am	12:15pm

Please remember to bring along all your swimming accessories.

Cash for Containers

Parkfield is a collection point for the Containers for Change. Please look for the many deposit points around the school and help raise money for our P&C. We have our Containers for Change big green boxes, classroom bags and big blue sulo bins located near the canteen. **Our scheme number is C10313397** if you are depositing directly to vending machines. Please keep this number in a safe place and help us raise money to resurface the undercover area.

Thank you for your support.

OSHClub Before & After School Care

All families must be enrolled to attend the program. Please create a free account online at www.oshclub.com.au All bookings and cancellations can also be managed via your online account or kidsoft app. For on the day bookings, please contact the Coordinator Gemma direct on 0478 079 262.

Thank you.

What's on the Noticeboard?

Australind Junior Soccer Club

2021 registrations are now open until the 14th March 2021. All registrations are to be completed online at www.ajsc.org.au All new and past players are welcome. Please email registrar@ajsc.org.au with any queries.

MLC Netball Club

Come along to MLC's Team Formation Day and let us find you a great netball team or bring your own team.

All girls and boys from school Years 3-6 and girls Year 8 – 12 and beyond (and boys keen to try mixed netball – season dependant)

Please visit mlc.wa.netball.com.au for registration and further information.

South West Physical Culture Club

Physie empowers girls and women through the joy of dance and the power of belonging. We provide classes for all ages and abilities from pre-schoolers to ladies of all abilities. With no expensive costumes or recital fees. Physie is an affordable way to learn to dance and keep fit, with a touch of glamour and a lot of fun. All classes are held at the Australind Community Centre in Mulgara Street. Find us on Facebook – Southwest Physical Culture Club. Email southwestphysie@hotmail.com or visit www.revolutionise.com.au/southwestphysie

Vocal Fusion Youth Choir has some spaces available for children aged 7 and up. You are invited to come along and join us at our rehearsals in Bunbury on Tuesday nights from 6pm – 6.45pm. For more information please contact Danielle Bond the Musical Director on 0410 800 328 or email vocalfusion1@gmail.com or go to website www.vocalfusionchoir.org

Career development is everybody's business – A parent and community event

Department of Education
Department of Training and Workforce Development
GOVERNMENT OF WESTERN AUSTRALIA

OPTIONS JUST AHEAD

Join the conversation about post school options
Do you know:

- parents are the greatest influence on the career decisions of young people
- what employers are looking for
- where to find up-to-date career pathway information

Come along and hear from education, training and industry representatives on how you can best support young people.
When: Wednesday 3rd March 2021.
Time: 7.00pm – 8.30pm. Light refreshments provided.
For more information: W: Eventbrite
E: Kate.Friend@education.wa.edu.au

Raising Happy Kids

Free Positive Parenting Info Sessions

10.00am – 12.00pm
Saturday
6th, 13th and 20th March 2021

Triple P is the parenting program which helps make raising kids easier. It gives you tips and ideas to help raise happy and confident kids; see more of the behaviours you like and less of the ones you don't.

Come along to discover how to effectively manage routines, work life balance practices and improve family relationships.
Suitable for families with children ages 3-8 years.
Spaces are limited, bookings are essential. Please book online via Eventbrite or by calling the Bunbury Library on 9792 7190.

Brunswick Red Cross – Devonshire Morning Tea

Brunswick Red Cross and Brunswick Community Resource Centre celebrate International Women's Day together with a Devonshire Morning Tea. To be held at the Brunswick Bowling Club on the 3rd March 2021 at 10.00am. Stalls, raffles and lucky door prizes. All proceeds go to the Red Cross March Appeal. Admission $10.00.

BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a free 10-week healthy lifestyle program for 7 – 13 year old children, who are above a healthy weight, and their families. The program is available face-to-face or online in selected areas throughout Australia.
Get in touch to find out if the program is available near you!
To register or find out more please phone 1300 822 953, or visit betterhealthprogram.org.

Does your child have trouble sleeping?

Blue light may be the cause. Blue light is the light that comes from your lights and devices. Blue light prevents the release of melatonin, a chemical which helps you sleep. Make sure to switch off your electronic devices two – three hours before bed. If you are still not getting enough sleep, please contact the school nurse.

UNIFORM SHOP HOURS

Open Mondays
8.45am - 9.15am
and Wednesdays
2.45pm - 3.15pm
Room 11, Block 4

EFTPOS is available with minimum limit of $10.00. There is No PayPass. Vanessa can be contacted on 0409 991 408. Thank you.

Virtue For The Fortnight - Self Discipline

SELF-DISCIPLINE means self-control. It is getting yourself to do what you really want to do, rather than being tossed around by your feelings like a leaf in the wind. You don't lose control of yourself when you feel hurt or angry, but decide how you are going to talk and what you are going to do. With **SELF-DISCIPLINE**, you take charge of yourself. When you practice **SELF-DISCIPLINE**, you are controlling your own behaviour so others don't have to. **SELF-DISCIPLINE** brings you freedom. You get things done efficiently and have order in your life. Without **SELF-DISCIPLINE**, we procrastinate. We eat things we shouldn't. We lose control of our emotions. Then people feel hurt. With **SELF-DISCIPLINE**, life is more peaceful. Observe your feelings and thoughts, then decide how you are going to behave. If you feel angry, instead of yelling or hitting, you can acknowledge your anger, then use a calm voice to tell someone you are angry and why. It is your choice.

What would Self Discipline look like if...

- You have put off doing a big job for some time?
- You are really angry when your brother starts wrestling with you?
- You keep getting punished for breaking a rule?
- Your family has a rule of two lollies after school but no one is watching?
- You notice you are watching too much TV and feeling lazy?

Signs of Success are when….

- Speak and act calmly when you are hurt or angry
- Get things done in an orderly, efficient way
- Create routines for yourself
- Do what is expected without people having to watch over you
- Do things on time

Affirmation: I have self-discipline. I use my time well and get things done. I choose my actions with detachment.