Parkfield Press

PO BoxA328
Australind WA 6233
Chapple Drive
Australind WA 6233
Ph: 97258135
Parkfield.ps@education..wa.edu.au

"An Independent Public School"

Growth Through Knowledge - 智識 の 成長

21 February 2017 #2 Term 1

Dear Students, Teachers and Parents,
We have had a very pleasing and promising start to 2017. The first month has flown by and students and staff are heavily invested in the teaching and learning programs.
The Parkfield Press newsletter is an important communication conduit for the school and parents. I strongly encourage all families to **read** it together carefully and discuss the important information that has been included each fortnight. We have extended the range of articles to include as many of our programs as possible to inform our community of the breadth and depth of activities going on at Parkfield.

Breakfast Club Program
We are very fortunate at Parkfield to have an outstanding breakfast program available to all students before school. It is superbly coordinated and run by Mrs Roz Stubna and a small number of parent volunteers. Foodbank is also a great supporter of the Breakfast Club but we are always looking for perishable (tins of Milo, long lasting milk) and non-perishable donations such as plastic cups, bowls, spoons etc. We have many students routinely each day enjoying a free breakfast or morning snack. If you can help that would be greatly appreciated.

Thank You for Uniform Donations
Parkfield has always been a school community with a generous spirit and we would like to recognise all the families who have donated second hand uniforms back to the Uniform Shop. We are also collecting black broad brimmed and bucket hats, if you have any spares at home.

Important Swimming Notices

- **Swimming Carnival - Friday 24th February $9 for entry including bus. Year 5 and 6 students only.**
- **Years 3 to 6 Swimming Lessons commencing Monday 27th February $20 per student .**

Charlie Serravite
Principal

Attendance - Every Day Counts

Every day at school counts towards your child's future. Regular school attendance not only ensures that your child is having access to vital learning opportunities but also sets up regular patterns and expectations about school and ultimately work attendance.

Once a student has been enrolled it is compulsory to attend school, this also includes Kindergarten students. Under Western Australian Law (School Education Act 1999), parents/caregivers must send their children to school unless:

- They are too unwell
- They have an infectious disease
- The Principal is provided with a genuine and acceptable reason

What happens if my child is absent from school?
All absences from school must be explained **within three days** of your child being away, whether in writing, by phone or via the Parkfield App. This is a legal requirement under the Education Act of WA.

Unexplained Absences
Letters regarding unexplained absences will be automatically generated each month. Should your child receive one of these letters, you are required to respond by explaining the reason for the absence by telling the class teacher, or contacting the school in writing, telephone, email or through the Parkfield App.

We can help
Sometimes getting your child to school becomes a problem or the school may contact you expressing concern over your child's attendance patterns. Support is available to resolve these issues.

The classroom Teacher, Deputy Principal and Principal of the school will have ideas that you can try to encourage your child to attend school regularly. They are able help you to access support and advice from specialists such as School Psychologists, Social Workers or School Chaplains.

Our goal at Parkfield is to have **100% explained absences.** We do understand that illness and family commitments occasionally take students away from school for the day but we must **always** be notified of this either before or after the absence.

Thank you.
Mrs Shellie Anderson
Parkfield Primary School Attendance Officer

SPORTS UPDATE

Our **House Swimming Carnival** will be held this week on **Friday 24th February** at the Harvey town pool. This will involve all students in Years 5-6. Notes have been sent home with students outlining all the relevant details. The Carnival should splash off at 9:45am and conclude at around 1:30pm. As with all carnivals, it's always great for the students to have spectators cheering them on. So please come along and make some noise. Shade is provided and entry is free!

Thank you very much to the parents that have offered to assist on the day, it is certainly appreciated. We still need **two more helpers** though. If you're able to help , please leave your details at the office or catch me at school.

We hope to have presentations on the day to conclude the Carnival.

Trevor Sleight - PE Teacher

"Notes" from the Music Room...

Welcome to another year of making beautiful music! The Choirs and Bands are up and running with lots of enthusiastic members in each. Thanks, everyone, for your Enthusiasm! ☺

Parents, for your reference, times for the special groups are as follows:

Junior Choir-- Tuesday 2.00pm (odd numbered weeks)
Senior Choir—Wednesday 8.55am (even numbered weeks)
Ukulele –Tuesday 8.15am (every week)
D.R.U.M - Wednesday 8.15am (every week)
Our new group of instrumentalists have also started their lessons.
Times are as follows: Year 5 Brass Tuesday 9.55am, Year 6 Brass Tuesday 10.25am.

Remember to come see me in the Music Room if you have any questions about any of these programs.
Mrs Jodie Rogers

DANCE UPDATE with Mrs Coppen

All dance troupes have now recommenced their lessons for the year. This term, the dance troupes are running as follows;
Boys in Boots – Monday afterschool 3:00 – 4:00pm
Irish Dance (Years 5 & 6) – Thursday afterschool 3:00 – 4:00pm

Our Irish Dancers are busy preparing for their first performance of the year. This performance will be at the Multicultural Night Under the Stars at the Music Shell in Bunbury on Saturday the 25th February. Everyone is welcome to come along to support this event and see some of our students performing on stage.

Chaplain's Chat

TIPS FOR GOOD BEHAVIOUR

Be a Good Role Model for Your Children

Be a good role model. Use your own behaviour to guide your child. Your child watches you to get clues on how to behave – and what you do is often much more important than what you say.

An example of this would be if you want your child to say 'please', then say it yourself.

If you don't want your child to raise her voice, speak quietly and gently yourself.

We all need to model in our life what we want to see in our children's life.

Geoff Harrison – School Chaplin

Junior Youth

Primary School Years 3 to 6.

*Fun *Games *Outings

Every Friday of the school term.
4.30pm to 6pm

From Friday the
10th February 2017

Friday 24th Feb Outing to Koombana Bay Beach

Contact Mr Geoff Harrison
(Parkfield School Chaplain)
On geoff180abc@gmail.com or at school for more information.

In Term Swimming Lessons

Students in Years 3 - 6 will be participating in the Education Department In term swimming lessons held at Koombana Bay, commencing Monday 27th February 2017.

Enrolment forms have been sent home with students. These lessons run for 9 days and cost $20.

Additional enrolment forms are available from the front office if needed.

Swim and Survive

OSHClub
Before & After School Care

Welcome back for 2017!!
This past fortnight we have been busy getting to know each other and making our room amazing and welcoming.
The children have been enjoying mobilo, arts and crafts, home corner, group games and outside sports.
Our new science table has had the children exploring and researching weight and measurement.
If you have any enquiries regarding OSHClub please don't hesitate to contact me.

Regards
Gemma
OSH Club Coordinator

Operating Hours: 6:45am-8:45am
and 2:30pm – 6:00pm
Location: T3 Transportable
Coordinator: Gemma Hogermeer
Phone: 0478 079 262
E-mail: oshclub.parkfield@gmail.com

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.

Positive Parenting Program

(Children aged 3-8years)
Bunbury/Harvey/Wellington

Parents/Carers are invited to learn

- Effective parenting strategies
- Ways to encourage behaviours
- How to promote your child's development
- How to prevent or manage common child behaviour problems

Seminar Series Triple P runs for 3 weeks

These sessions introduce parents to key concepts of Triple P

- Seminar One: Positive Parenting
- Seminar Two: Raising Confident Competent children
- Seminar Three: Raising Resilient Children

DATES for Term 1 2017

VENUE	DATE	TIME	CRECHE
Bunbury Community Health 24 A Hudson Road	Tuesdays March 7th ,14th , 21st	6.15 – 8.00pm	Not available
Harvey Recreation Centre	Fridays March 10th,17th, 24th	10 -11.30am	Available at centre Ph:97293777

To make a booking call 9795 2888

2017 Soccer Season

Registrations: Open Now, Close 13th March 2017
Visit the website to register
www.ajsc.org.au

Mixed team competition U6 – U16
Girls only competition U10, U13 & U 17

Further enquiries e-mail: registrar@ajsc.org.au

REGISTRATION DAY FOR AFTERSCHOOLS RELIGIOUS EDUCATION PROGRAMME

Do you have or know of any school aged children who require the Sacraments of Baptism, Reconciliation, First Eucharist or Confirmation? Then please come to our **Registration Day at Christ the Living Vine Church on Mardo Avenue, on WEDNESDAY 8th MARCH between 4.00 and 5.00pm.**

If you are unable to make this day or if you have any questions concerning sacraments please phone Diana Ietto on 0437 903 377 or email her on dietto2@bigpond.com
Please pass this message onto family and friends. Looking forward to seeing lots of new faces and the old ones as well!!

Parenting Your Anxious Child
2 Day Workshop

Facilitator: Heidi Welsh –Psychologist @ the Therapy Place WA PTY LTD

WHEN: Day 1 – Wed 1st March
Day 2 – Wed 8th March

TIME: 9.00am – 2.30pm

WHERE: St John of God Conference Rm 1

COST: $80.00 per day

PHONE: 9791 8005

P&C NEWS

Dear Parents and Caregivers

It was great to see so many parents at our meeting last week. Thank you all for taking the time to come and hear what is happening around the school. Your input in discussions and ideas for the future is much appreciated.

Our first fundraising event for the year will be our Election Day sausage sizzle at the school on Saturday 11 March. We will be open when voting starts, so please come down and support our wonderful school by purchasing a tasty treat!!

As always, we do need some people to help on this day by serving at the stall or cooking sausages. If you could spend an hour or two of your time, it would be greatly appreciated. Please contact Melissa Templeton **on 0420 217 558** or via email on parkfieldpandc@gmail.com to organise a time that suits you.

To help keep in touch with our school community; the P&C now also have a Facebook page. It would be great to pass information on to you all so please follow our page.

Our AGM is on the 14th March and we would love to see you all there.

Kind Regards
Catherine Stevens
Parkfield P&C President
parkfieldpandc@gmail.com

Find us on: facebook

Classroom Roster for Volunteers in the Canteen

This is just a reminder of which classrooms have been rostered on to help Roz in the canteen.
We require 1 volunteer from your Child's class each day during the allocated week.

Week 4: Monday 20/2/17 to Friday 24/2/17 – Room 20.

Week 5: Monday 27/2/17 to Friday 3/3/17 – Rooms 19.

If you are unable to volunteer, another way to support the canteen is to purchase your children's recess and or lunch.

Please call **Roz Stubna – Canteen Manager** on **0408 909 141** to get the day that best suits you. Your help is greatly appreciated.

Uniform Shop

Open Mondays
8.45am - 9.30am
and Wednesdays
2.45 - 3.15pm
Room 11, Block 4

Old style polos are available at a super low price of $5. They are still classed as school uniform or are excellent value for any netball or other type of sporting team needing to outfit a whole team.
See the Uniform Shop or contact Danielle Butt on 0408 027 709. Thank You.

Virtue For The Fortnight - Self Discipline

SELF-DISCIPLINE means self-control. It is getting yourself to do what you really want to do, rather than being tossed around by your feelings like a leaf in the wind. You don't lose control of yourself when you feel hurt or angry, but decide how you are going to talk and what you are going to do. With **SELF-DISCIPLINE**, you take charge of yourself. When you practice **SELF-DISCIPLINE**, you are controlling your own behaviour so others don't have to. **SELF-DISCIPLINE** brings you freedom. You get things done efficiently and have order in your life. Without **SELF-DISCIPLINE**, we procrastinate. We eat things we shouldn't. We lose control of our emotions. Then people feel hurt. With **SELF-DISCIPLINE**, life is more peaceful. Observe your feelings and thoughts, then decide how you are going to behave. If you feel angry, instead of yelling or hitting, you can acknowledge your anger, then use a calm voice to tell someone you are angry and why. It is your choice.

What would Self-Discipline look like if.....

- You have put off doing a big job for some time?
- You are really angry when your brother starts wrestling with you?
- You keep getting punished for breaking a rule?
- Your family has a rule of two lollies after school but no one is watching?
- You notice you are watching too much TV and feeling lazy?

Signs of Success are when you:…

- Treat others as you want to be treated
- Speak courteously to everyone
- Take special care of other people's belongings
- Are receptive to the wisdom of elders
- Honour the rules of your family, school and nation

AFFIRMATION: I have self-discipline. I use my time well and get things done. I choose my actions with detachment.