Parkfield Press

"An Independent Public School"

Growth Through Knowledge - 智識 の 成長

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19 November 2019 #3 Term 4

Dear Students, Teachers and Parents,

A big thank you to Mr Sleight, staff, Parkfield P&C, parents and students for being so flexible and supportive when we had to reschedule our Senior Athletics Carnival due to inclement weather. As expected, all competitors showed great sportsmanship and eagerness to do their best. Well done everyone.

Student Councillors 2020

The 2020 Student Leaders have recently been elected and we look forward to working with these students. This is a very prestigious position in our school and we are sure our 2020 students will continue the great work of former Student Councillors. Congratulations to all the students below:

Taj Van de Berg
Chanel Haskett
Tahlia McWhirter
Alison Ainsley
Seth Adams
Kate Shackleton
Cleo Beard
Oliver Gorham
Riley Ridge
Reif Prime
Kezia Trimmings

House Captains for 2020 will be announced on Friday at our Presentation Assembly.

ASHS Band Visit

The ASHS band will be making their annual visit to Parkfield on Friday 29th November 2019. As a result, the usual lunch time will be altered to 1:00pm – 1:35pm to accommodate the bands timetable.

Parking Safety

Parents please ensure you use the marked bays when dropping off and picking up children. We have had some near misses near our top Kindy area. Please be aware of students at all times when leaving the school.

Term Four Disco

The final disco for the year will be held in the undercover area on Wednesday 4th December 2019.

The **Junior Disco (PP-Year 3)** will be between 5:00pm and 6:00pm with entry just $4.00.

The **Senior Disco (Years 4-6)** will be between 6:15pm and 8:00pm with entry just $5.00.

The canteen will have plenty of drinks and snacks on sale. **Please note:** Only students from Parkfield P.S. are permitted to take part in these activities.

Class Placements for 2020

It is that time of the year where we seek information from parents to assist us in placing students in classes for 2020. The information that we are requiring is to assist us in making the best placements for all students. Issues such as student conflicts, parental conflicts in the community, extended family issues, twins, cousins etc. are all relevant.

Please note:

1. This is an opportunity for Parkfield parents to communicate with us appropriate requests and with it comes a responsibility. Please **do not** come and see us at the beginning of 2020 to question placements. You must take the opportunity to write to us now.

2. Teaching placements are subject to change for next year. Therefore, naming individual teachers will not be acknowledged as this makes the complex task of placements unmanageable and will result in requests being disregarded.

3. Due to the confidential nature of the written requests, we will not be sharing the information. Therefore, a level of trust in our professional judgement is required.

4. Previous arrangements are null and void and **parents must reapply each year** as circumstances do change.

Parents are invited to submit written submissions only with respect to class placements. The submissions must be based on educational reasons, addressed to "The Principal" and marked "Confidential". Or through email to Parkfield.ps.admin@education.wa.edu.au Submissions for 2020 will close **3:00pm Friday the 22nd November 2019.**

Thank you.

Charlie Serravite
Principal

Bunbury Little Athletics – School carnivals may be over…. but the fun has only just begun! Registrations are still open. facebook.com/littleathleticsbunbury

Sports Update

HOUSE ATHLETICS CARNIVALS RESULTS

Junior House Carnival PP-3

1st – Naturaliste (630 pts)
2nd – Marshall (485.5 pts)
3rd – Henton (456 pts)
4th – Geographe (438.5 pts)

Senior House Carnival Yrs 4-6

1st – Naturaliste (482.5 pts)
2nd – Marshall (422 pts)
3rd – Henton (375.5 pts)
4th – Geographe (271 pts)

The Champions

Year 4 Girls – **Millie Howe** (23pts)
R/U **Lexi Smith/Taylyn Coyle-Lockey** (12pts)

Year 4 Boys – **Ben Moloney** (27pts)
R/U **Billy Alexander** (18pts)

Year 5 Girls – **Shaylee Holden** (23pts)
R/U **Cleo Beard** (22pts)

Year 5 Boys – **Ethan Eckersley** (25pts)
R/U **Josh Manson** (24.5pts)

Year 6 Girls – **Abbey Turbett** (29.5pts)
R/U **Mia Repacholi** (24pts)

Year 6 Boys – **Tyler Webb** (42pts)
R/U **IK Diamondstar** (18pts)

Congratulations and well done to all competitors for the great sportsmanship and enthusiasm that you displayed on the carnival days.

A HUGE THANK YOU to all parents, staff members, Year 6 student leaders and our Year 5 classes that assisted in some way to make the carnivals run so smoothly and successfully. Thank you to the crowd of spectators that came along to cheer on our students. It certainly added to the atmosphere.

During Week 5 selected athletes from Years 4-6 competed in the **Tuart Division Athletics Carnival**. Over the two days, athletes competed in shot put, vortex, long/triple/high jump, 800m, 400m, 200m, 100m, relays, leaderball and passball.
There were many highlights and success stories for many of our athletes. Well done to all of our students for the enthusiasm they showed when competing and the positive team spirit they displayed. There were eight schools involved and Parkfield finished sixth overall. Congratulations to Kingston Primary for winning the shield.

A HUGE THANK YOU to Ms Brown, Mrs Walton, Mrs Campbell, Mrs Docker and Mr Maher for the various ways that they assisted on the carnival days and helped out with the team.
Thank you also to the parents that came along to cheer on our athletes.

Trevor Sleight - PE Teacher

Down in the Art Room....

Bunbury Regional Art Gallery Tours
BRAG are currently running weekly Saturday Artist Talks. During this free event you can learn about different art practices and mediums, and explore new exhibitions. The tours begin at 2pm and take an hour. They are a fantastic way to gain a deeper understanding and appreciation of the artworks on display.

Bunbury Summer School 2020
Have you had the chance to peruse the BSS2020 offering of workshops yet? If not, head to the Stirling Street Arts Centre website, or we have some brochures available in our front office.

Running from the 6th – 19th of January 2020, there are more than 70 workshops available to choose from. I have thoroughly enjoyed the classes that I have attended, and can recommend it as a fun and relaxing way to spend a few hours during the holidays.

Julie Astill – Visual Arts Specialist

Parkfield's Recyling Station

Please consider utilising Parkfield's Community Recycling Station (located outside of the front office) if you have any of the following items:

*aluminium cans
*batteries
*mobile phones (including batteries and accessories)
*ink cartridges

*newspapers (collected by the P&C to be sold and used as hydro mulch)
*bread tags (for conversion into wheelchairs)
*plastic lids (numbers 2 & 4 only, collected for Envision to be converted into prosthetic limbs).

UNIFORM SHOP OPEN DAY 2020

Friday 31st January 2020
Time: 9.00am – 11.00am
For all your uniform requirements

BOOK FAIR – Term 4

A huge thank you to all our Parkfield families for supporting our recent Book Fair in the Library. Thanks to you we are able to purchase new resources for our students to read, learn and enjoy. We appreciate your support very much!

Mrs Moran and the Library team

Messages to Students

If you require a message to be passed onto your child, please ensure you contact the school by **2.30pm.** We have received quite a few late messages recently (which haven't been emergency situations), sometimes only minutes from the final siren. This puts undue pressure on staff to get the message through to the student in time. Please ring through any messages to students as soon as possible on 9796 5900.
Thank you for your consideration in this matter.

Students participate in Triathlon

Year 6 students Regan Wigley, Kirralee Butt, Lauren Occhipinti, Tia Walton, and Ella Melvin participated in the Nina's Women's Triathlon, which was held on the 10th November 2019 at the South West Sports Centre in Bunbury. They competed in the Gold Standard event which comprised of a 200m swim, 10km cycle and a 2km run. It was the first year in the 14-year triathlon history that the age entry level was lowered to accommodate 12-year-old competitors. The students completed all three stages of the event and should feel very proud of their achievements.

What are Teen Triple P Seminars?

Teen Triple P Seminars are for groups of parents – perhaps 20 or more. They're informal presentations, a little like a public forum.
There are three seminars in the Teen Triple P Seminar series. You can choose to do one, two or all three of them. They deal with the most common parenting issues we all face, such as how to encourage responsible behaviour, improve family relationships, deal with independence or manage problems at school or with friends.

The three seminars are:

- Raising Responsible Teenagers
- Raising Competent Teenagers
- Getting Teenagers Connected

Each seminar lasts 90 minutes. There's no homework and no follow up. But you'll be given a tip sheet to take home to remind you of the great ideas you've heard. You'll be able to start positive parenting straight away, to get back on track with your teenager – or be ready for what's ahead.

To be held on Wednesday evenings, 6pm to 8pm on 27th November, 4th December and 11th December 2019 at Newton Moore Senior High School, Hotchin Street Bunbury.
Catering is provided. Please RSVP via text or email. Text only – no reply: 0400 207 827 or Samantha.curtis@health.wa.gov.au

All parents, carers, grandparents are welcome.

Chaplain's Chat

These tips are aimed to inspire and equip stepdads. We are focusing on communication skills. Communication shows respect, ensures that everyone's needs are being met, and reduces and resolves conflict.

Communicate clearly and calmly

- It is important to communicate clearly and calmly and let your step-child know that you are available to talk whenever needed.
- Listen to their messages, both obvious and subtle. Give them a response, communicate back to them that you have heard them and understand.
- Be open-minded and accepting of any differences.
- Make your own preferences known without being harsh or intimidating. Try using statements like "I feel," "I think," "perhaps you could try" and avoid phrasing your thoughts as 'fact'. i.e. avoid "you should," "you need to."
- Be a good listener; ask follow up questions, keep your responses short and try not to 'dominate' the conversation by lecturing about your own thoughts.
- Always explain your actions and preferences with the real reasons, this helps your stepchildren to understand your thoughts and accept your words, behaviours and decisions.

Geoff Harrison
Chaplain

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What's on the Noticeboard?

Hudson Rd Family Centre Open Day – **Friday 22nd November 2019**. Come and see what we are all about! 3pm – 5pm located at 95 Hudson Rd. Bunbury. Free activities and sausage sizzle.

The South West Opera Company Presents - SWOCLETS Music & Magic Variety Concert. **23rd November 2019** at Bunbury Catholic College. Concert time 7pm, doors open at 6.30pm. Tickets via trybooking.com/BFXCR or at the door. Adult $15 and Child $5. Enjoy a variety of music performed by primary and high school aged children.

Frozen 2 – Hudson Rd Family Centre Fundraiser Tickets $15. **Friday 29th November 2019** at the Grand Cinema Bunbury, 6pm. Tickets only available for purchase from 95 Hudson Rd, Bunbury between 9am and 3pm.

Parkfield Galley

Please see the below galley roster for Term 4 and contact Eryn on 0406 425 560 to book in a time slot. Thank you.

Week 7 Monday 25/11/19 – Friday 29/11/19 **Room 8**
Week 8 Monday 02/12/19 – Friday 06/12/19 **Room 6**
Week 9 Monday 09/12/19 – Friday 13/12/19 **Room 5**

UNIFORM SHOP HOURS

Open Mondays
8.45am - 9.15am
and Wednesdays
2.45pm - 3.15pm
Room 11, Block 4

EFTPOS is available with minimum limit of $10.00. No PayPass. Danielle can be contacted on 0408 027 709. Thank you.

PLEASE HELP US PLAN FOR 2020

If your children will not be attending Parkfield next year, or you know of children who are currently not enrolled for 2020 and plan to attend, please let the school know as soon as possible. Thank you.

The Bunbury Triathlon Club will be **holding a 5-week program** introducing students to the sport of Triathlon. The focus of these sessions will be on skill development across the disciplines of swimming, cycling and running. As well as structured training sessions, participants will get to experience the thrill of participating in some real triathlons. The course is open to primary school students in **Year 2 (age 7) through to Year 6 (age 12).** Participants will need to have a bike and be able to swim 50 metres. Activities will be structured to cater for a wide range of skill level and ability with the overriding focus for students participating to have fun and gain improved skills and confidence in swimming, bike riding and running. **Training sessions will be held on Wednesday afternoons at 4.00pm** at various venues around Bunbury commencing at the grassed area opposite the BREC **Wednesday the 20th November 2019. Subsequent sessions will take place on the following Wednesdays concluding on the 18th of December 2019.** Further information can be found at the club web site, bunburytriclub.com.

BUNBURY TRICLUB
WESTERN AUSTRALIA

Virtue For The Fortnight - Thankfulness

THANKFULNESS is being grateful for what you have. It is an attitude of gratitude for learning, loving, and being. It is appreciating the little things which happen around you and within you every day. It is having a sense of wonder about the beauty of this world. It is being aware of the gifts in your life. **THANKFULNESS** brings contentment. It helps you find the good things in whatever happens. Without **THANKFULNESS** people can become negative. They wish things were different. They whine and complain when they don't have everything their own way. They envy other people. With **THANKFULNESS**, we keep a positive outlook. We can see the good in our lives and in whatever happens. Being **THANKFUL** is appreciating the thing you have and the people you care about. Show your appreciation when someone does something kind for you. Focus on the good things about your life and count your blessings often. Even when things go wrong, you can be **THANKFUL** if you find the lessons to be learned. Let others give to you. Expect the best in every situation.

What would Thankfulness I look like if...

- You felt sad and defeated because of your problems?
- You wish you were more like a popular person you know?
- You go for a walk in a place of beauty?
- Your mother does something kind for you?
- You worry that you don't have the right clothes?
- You are thinking about your day?

Signs of Success are when you…

- Have an attitude of gratitude
- Are receptive to gifts
- Appreciate your own abilities instead of envying others
- Appreciate the beauty of this world
- See the difficulties of life as opportunities to learn

Affirmation: I am thankful for the many gifts within me and around me today. I appreciate my life.